



The 360|Report

Carver County Public Health

A Healthy Welcome 2018 Year-in-Review

Report Generated December 4, 2018

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The 360 | Table of Contents

Events Overview.....	2
Demographics.....	2
2018 Summary.....	3
“Big Learning” in 2018.....	3
Heard in the Halls: A Retrospective.....	XX



Carver County Public Health
2018 | The Year-in-Review

The 360 Year-End Report | A Retrospective

The 360 | 2018 Numbers Served

Whom Did We Serve? Total No. Participants Served | Approximately 375 participants have been engaged in the model of IZI so far, including 243 through individual outreach surveys and 132 through two community engagement gatherings held in 2018 as part of Carver County's *Health Welcome* initiative. Both events were open to the community, and an average of 59% of all participants were Indigenous or other people of color.

Total Number of Events (to-date) in 2018 | 2

The 360 | 2018 Event Details

Where Did We Go?

SUMMER 2018

- Preliminary Research & Outreach
 - 243 community members engaged across Carver County
 - On-the-ground outreach and individual engagement
 - Collection of qualitative feedback
 - Development of Social Capital Landscape Assessment

FALL 2018

- A Healthy Welcome I | October 4
 - Chaska, MN
 - 86 participants
 - 73% IPOC
 - 27% under the age of 24
- A Healthy Welcome II – Western Carver County | November 29
 - Waconia, MN
 - 46 participants
 - 33% IPOC
 - 17% under the age of 24

¹ The numbers and demographic percentages listed above are based upon multiple in-room counts that are averaged against one another. As such, they represent close approximations of the total number of participants and demographic makeup of community events.

Looking Back...

During the latter half of 2018, we brought together 132 community participants for interactive convenings designed to build bridging social capital and catalyze relationships across difference in the interest of improving health outcomes in Carver County. Participants provided qualitative feedback on community health needs and helped identify local priorities and barriers to healthcare access and equity that can be closed through collaborative and sustained efforts toward inclusion and authentic engagement. Additionally, 243 participants provided qualitative feedback during brief one-on-one interviews with outreach specialist and project manager Blanca Martinez Gavina, conducted from July-November of 2018. Three hundred and seventy-five (375) community members have been engaged to date, sharing their stories, observations, lived experience and healthcare priorities.

The 360 | 2018 “Big Learning”

What Did We Learn?

The following is a brief summary overview of outreach, research and engagement findings to-date. These will be updated to reflect recent and upcoming events as well as ongoing engagement efforts prior to the completion of the final project report.

Outreach & Preliminary Research | Interviews

Top three health and wellness priorities/needs identified:

- Access to affordable healthcare, free healthcare, insurance needs
- Dental care, dentures/braces
- Mental healthcare

Additional health and wellness priorities uncovered in the outreach process:

- Care for those with disability, especially children with disabilities
- Children’s healthcare, insurance coverage for children and families
- Vision
- DMV-D
- ACES & health
- Physical therapy
- Immunizations
- Education
- Physicals (general medical care and well person check-ups)

Barriers identified in the outreach process:

- More support for disability care
- Jobs that don’t provide healthcare insurance
- Need medical insurance for individuals
- Can’t access local hospital (insurance issues), “have to go to St. Paul to get services”
- Transportation (“Lake clinic is the only accessible [one]”)
- “Lack of information, because people believe that you will not be seen [by a healthcare provider] without [citizenship status] documentation”
- Co-pays for prescriptions too high for some
- Insurance is too expensive for many
- County services not accessible for the Latinx community
- Many requirements [in order to access/receive services]

Other health- and wellness-related needs and services of interest to the community:

Top five (most frequently mentioned):

- Transportation
- Affordable housing (rentals) for low income families and individuals
- Food shelf close to home
- Resources for mental health
- Education

Additional needs and services identified by community members:

- Entrepreneurial services and support (especially for small businesses)
- Daycare
- Assimilation services and support for immigrants
- Summer activities for youth
- Cleaning/trash
- Fire/police department
- VA access that is close by
- Resources for reproductive health
- Services for the homeless
- Improved communication (between county, other departments)
- Outreach
- Assistance from Medica for St. Mary's (local church providing a range of supportive services to community members)

(October) Healthy Welcome | Mindstorm**Community Comments on Building a Welcoming & Healthy Community**

Theme	Examples from Participant Notes
Community connection and belonging	<ul style="list-style-type: none">■ Need connection with community■ Opportunities to interact■ Neighborhood involvement■ Chaska events/activities are expensive■ Encourage leadership to be more aware of diversity■ Nice, smiling, know the diversity of the community■ Will be nice → open and accepting community<ul style="list-style-type: none">○ Not male-dominating society or discriminatory■ Not a lot of cultural food
Special challenges facing indigenous and other people of color, immigrants and those with disabilities	<ul style="list-style-type: none">■ Language is a barrier■ Need assistance / interpreter > when [we] don't have [a] case worker■ Difference – in school, everyone knew [participant's son] was [diagnosed with] ADHD, but couldn't get assistance because of insurance [barriers] and undocumented

	<p>[immigration status]</p> <ul style="list-style-type: none"> ○ Didn't feel like they had the same access [as others in the community] ○ Even school leaders didn't follow through and advocate for them <ul style="list-style-type: none"> ▪ Sacrifice to be in the U.S. <ul style="list-style-type: none"> ○ ...Mindset is to give their children opportunities. ○ Hard to think of themselves when focused on kids. ○ Kids have a lot of potential, but two years ago it changed with [the] election, people treated them poorly [including incidents of kids being bullied at school] ▪ Black community feels unwelcome sometimes, as if they don't belong here ▪ White [participant reports that she] – feels welcome everywhere ▪ Some people have [a] college degree, education from other countries, but there is no way to [be] recognized [in] their professions in the US <ul style="list-style-type: none"> ○ Ex. Doctor [of] Dentistry works in factories even though [she] has 28 years of experience in her country [of origin]
Special challenges facing community members living with disabilities	<ul style="list-style-type: none"> ▪ Lots of options for seniors, small children, but people with disabilities not included ▪ “In Carver people ignore me or treat me like I’m five. In Minneapolis/St. Paul no one gives a second look / [I] fit in.” ▪ Need more programming for people with disabilities
Special concerns and interests of parents and families, children and youth	<ul style="list-style-type: none"> ➤ Childcare and transportation availability – makes it difficult to interact ➤ Need places to hang out (for kids) ➤ Teen – focused events <ul style="list-style-type: none"> ○ Open mic / karaoke ➤ Good schools – people move here for [the] schools
Improvements in Carver County over time, environments found to be	<ul style="list-style-type: none"> ➤ Chaska community and schools are very welcoming

welcoming	<ul style="list-style-type: none"> ➤ Changes have been seen in the last few decades ➤ Less discrimination, prejudices, racism ➤ Not from Minnesota, but from what [this respondent has] seen, Carver County is welcoming, especially when it comes to diversity ➤ Feel welcome at church
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(November) Healthy Welcome | Mindstorm

- **Note:** Small group discussion notes and transcriptions from the November 29th gathering in Waconia are still being processed and will be released with the forthcoming report for this event on Friday, December 21st.

The 360 | 2018 Heard-in-the-Hall: A Retrospective

What Did We Hear, How Did We Connect?

This section includes a sampling of participant comments shared over the course of our time together this year. The samples selected here consist of entries from the sign-in sheets completed at the community engagement gatherings.

Below you will find a selection of participant comments from the sign-in sheets of **October's Healthy Welcome:**

- *"I enjoyed being a part of a diverse group where my differences made me an insider instead of an outsider."* – Disabled Community Member
- *"No one else makes this kind of opportunity happen!"*—Family Physician
- *"Es importante la integración de la comunidad, no importa la edad, sexo o color de piel."* – Cook/Chef
[It is important to have full integration of our community regardless of gender, age or skin color.]
- *"I liked meeting new people and would like to come to the next meeting. Can translate!"* – Anonymous
- *"Fun learning!"* – Farmer/Nurse
- *"Great event! Well run! Interesting ice breakers."* – Police Officer
- *"Beneficial."* – Retired Social Worker
- *Fue muy agradable el compartir los temas d' salud, aseguranza, driver's license, lo difícil que es comprar comida saludable.* – Anonymous
[It was great to discuss health-related issues regarding insurance, driver's licenses and how hard it is to purchase healthy foods.]

- *“I really enjoyed hearing the stories and feeling[s] of my table mates. I learned a lot.”* – Retiree, Community Volunteer
- *“Wow. What an incredible experience to learn about other perspectives!”*—UX Design Student
- *Muy bien inicio de un proceso.* – Local Church Member
[Great start to this process].
- *“It was amazing, very social, and kind people.”* – Criminal Justice & Psychology Student
- *Claro que si. Aquí toda estaba perfecta de comida deliciosa.* – Secretary
[Of course, everything was perfect, and the food was delicious].
- *“Fantastic! Great Conversation!”* – Stay-at-home Mom, Former Nurse
- *Being able to share similar struggles/situations with others from same and different communities.* – Teenager, Student
- *“Very informative conversation. Interesting to learn about others' perspectives.”* – RN